



# Wellness & SPA

— RELAX YOUR BODY —



Rejuvenate your mind,  
refresh your body,  
restore your soul.



RELAX  
Body & Mind



RENEW  
Your Energy



REVIVE  
Your Senses



RESTORE  
Your Balance

SELF CARE ISN'T A LUXURY,  
*it's a necessity.*



# Welcome to Wellness & SPA

A peaceful space created for relaxation, renewal and self-care.



Relax • Renew • Revive • Restore

At Wellness & SPA, we believe true wellness begins when you slow down and reconnect with yourself. Our calming treatments are designed to ease tension, refresh the senses and leave you feeling restored.



RELAX

Release everyday tension



RENEW

Refresh your body and mind



REVIVE

Awaken your senses



RESTORE

Find your balance again

# Our Spa Experience

Choose a moment of calm and let us take care of the rest.

## MASSAGE THERAPY

Relax tired muscles and release built-up tension with a soothing full-body experience.

## BODY & WELLNESS

Gentle treatments focused on refreshing, nourishing and revitalising the body.

## FACIAL & SKIN CARE

A calming skincare experience designed to leave your skin feeling fresh, smooth and renewed.

## SPA RITUALS

Slow down with relaxing rituals, warm towels, aromatherapy and peaceful sensory touches.

Your time. Your space. Your wellness.



## Book Your Moment of Calm

Treat yourself to a little more peace, balance and self-care.

|           |                             |
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